

Örgryte Friidrott Utomhusstatistik 2020

Uppdaterad 31/12

M 100m

Alexander Andreasson	99	10.64	+1.3	11/7	Skara
Aggelos Roussos	92	10.71	+1.8	15/7	Vari Grekland
Carl Bengtström	00	10.73	-1.5	27/6	Ullevi
Jonathan Hirsh	98	10.98	-0.4	22/8	JSM Linköping
Alex Apelgrim	04	10.99	+1.5	30/8	Norrköping
Tobias Carlryd	00	11.02	-0.1	11/7	Skara
Gabriel Wallmark	02	11.12	+1.7	14/6	Åby Mölndal
Jonathan Carbe	90	11.25	-0.4	1/8	Ljungby
Artur Engström	96	11.26	+1.1	11/7	Skara
Samuel Wiik	98	11.41	+0.0	27/6	Ullevi
Otto Hammarström	99	11.56	+0.8	4/7	S-vallen
Fredrik Sangberg	90	11.81	+0.6	11/7	Skara
Gustav Ölund	94	11.82	+0.0	8/8	Åby Mölndal
Erik Olsson	89	11.83	+0.6	11/7	Skara
Ben Blomqvist	04	11.98	+0.0	3/10	Marble Falls TX
Olof Ryberg	00	12.18	-0.8	27/6	Ullevi
Alexander Sörensen	02	12.36	+0.7	4/7	S-vallen
- medvind -					
Alexander Andreasson	99	10.61	+2.8	14/6	Åby Mölndal
Jonathan Hirsh	98	10.77	+2.2	11/7	Skara
Alex Apelgrim	04	10.98	+2.6	25/5	Gbg Vallen
Jonathan Carbe	90	11.10	+2.6	11/7	Skara

M 200m

Carl Bengtström	00	21.09	+0.9	27/6	Ullevi
Alexander Andreasson	99	21.69	+0.9	27/6	Ullevi
Alex Apelgrim	04	22.07	+0.0	25/5	Gbg Vallen
Jonathan Hirsh	98	22.28	-0.3	27/6	Ullevi
Samuel Wiik	98	22.58	-1.0	27/6	Ullevi
Artur Engström	96	22.75	-0.3	27/6	Ullevi
Fredrik Sangberg	90	23.58	+1.2	25/7	Gbg Vallen
Gustav Ölund	94	24.17	+1.8	1/8	Sollefteå
Alexander Sörensen	02	25.07	+1.7	4/7	S-vallen
Jonas Ellison	06	25.64	+2.0	2/8	Duellen Vallen
Daniel Otterdahl	07	26.34	+2.20	2/8	Duellen Vallen
- medvind -					
Artur Engström	96	22.64	+2.6	14/6	Åby Mölndal
Gustav Ölund	94	24.14	+2.1	4/7	S-vallen
- manuell tidtagning -					
Stefan Savic	02	23,0	+0.0	21/6	Duellen Vallen
Alexander Sörensen	02	25,0	+1.0	21/6	Duellen Vallen
David Sämfors	04	25,9	+1.0	27/6	Duellen Vallen
- medvind manuell tidtagning -					
Stefan Savic	02	22,6	+4.3	27/6	Duellen Vallen

M 400m

Carl Bengtström	00	46.40		29/8	FGP Göteborg
Felix Francois	90	47.70		29/8	FGP Göteborg
Samuel Wiik	98	49.91		8/8	Söderhamn
Felix Larsen Nilsson	00	52.24		14/6	Gbg Vallen
Fredrik Sangberg	90	53.31		14/6	Gbg Vallen
Lukas Edqvist	02	54.45		14/6	Gbg Vallen
Ben Blomqvist	04	54.90		27/2	Bourne, Texas

Gustav Ölund	94	55.19	14/6	Gbg Vallen
Alexander Sörensen	02	55.63	14/6	Gbg Vallen
Albin Hagstedt	04	56.94	14/6	Gbg Vallen
David Sämfors	04	57.98	25/7	Gbg Vallen

M 800m

Felix Francois	90	1.46.96	16/8	SM Uppsala
Carl Bengtström	00	1.51.85	25/7	Gbg Vallen
Felix Larsen Nilsson	00	1.57.32	29/8	FGP Vallen
Samuel Wiik	98	1.57.69	25/7	Gbg Vallen
Alexander Sörensen	02	2.05.23	10/7	Gbg Vallen
Philip Frick	04	2.08.87	30/5	VG Mölndal

M 1500m

Chris Gray	92	3.57.32	25/7	Gbg Vallen
Erik Barr-Zeilon	97	4,14,4m	30/7	Helsingborg
Alexander Sörensen	02	4.25.48	8/8	Åby Mölndal
Philip Frick	04	4.33.44	25/7	Gbg Vallen
Ben Blomqvist	04	4.47.01	4/10	Marble Falls TX

M 3000m

Erik Barr-Zeilon	97	8,52,8	19/8	Stockholm
------------------	----	--------	------	-----------

M 5000m

Erik Barr-Zeilon	97	15,28,2	11/7	Höganäs
Nicklas Gunnarsson	97	15.50.47	13/8	Gbg Vallen
Jesper Evervall	94	15.51.44	13/8	Gbg Vallen
Viktor Lundmark	95	15.52.29	27/6	Gbg Vallen
Oskar Simann Ax	91	17.15.15	28/9	Gbg Vallen

M 10000m

Erik Barr-Zeilon	97	32.41.34	12/8	Stockholm
------------------	----	----------	------	-----------

M 10 km landsväg

Chris Gray	92	31.30	10/10	SM Anderstorp
Jesper Evervall	94	33.32	10/10	SM Anderstorp
Oskar Simann Ax	91	36.53	10/10	SM Anderstorp

M Halvmaraton

Erik Barr-Zeilon	97	1.10.41	16/9	Uppsala
------------------	----	---------	------	---------

M Häck 110m

Jonathan Carbe	90	15.11	-0.4	6/8	Gbg Vallen
----------------	----	-------	------	-----	------------

M Häck 400m

Carl Bengtström	00	49.69	6/9	Tammerfors
Samuel Wiik	98	54.36	15/8	SM Uppsala
Jonathan Carbe	90	54.45	15/8	SM Uppsala
Felix Larsen Nilsson	00	56.81	4/7	Gbg Vallen
Fredrik Sangberg	90	60.17	4/7	Gbg Vallen
Ben Blomqvist	04	61.11	5/8	Satelite Beach Florida

M Höjd

Isak Persson	95	2.07	25/7	Gbg Vallen
Lukas Edqvist	02	2.01	29/8	Kristinehamn
Ola Carlsson	75	1.94	16/8	Bohus
Albin Coster	04	1.93	7/6	Duellen Vallen
Fredrik Sangberg	90	1.91	25/7	Gbg Vallen
Ben Blomqvist	04	1.83	22/2	Bourne, Texas
Axel Eenfeldt	05	1.79	22/8	USM Sollentuna

Daniel Otterdahl	07	1.76		21/6	KM Vallen
Isak Helgesson	03	1.74		7/6	Duellen Vallen
Nils Thorin	03	1.74		7/6	Duellen Vallen
André Samrin Ribeiro	05	1.72		5/9	KM Vallen
Mattias Carman	03	1.70		7/6	Duellen Vallen

M Stav

Melker Svärd Jacobsson	94	5.53		16/8	SM Uppsala
William Asker	04	4.62		27/8	Åby Möndal
Oliver Edman	01	4.30		19/7	Täby
Jonathan Ruffieux	91	4.12		27/8	Åby Möndal
Sten Hagström	03	4.01		11/7	Karlskrona
Ben Blomqvist	05	3.20		4/10	Marble Falls Texas
Ove Hagström	07	3.00		20/9	UDM Vallen

M Längd

Artur Engström	96	7.33	+1.5	21/8	Gbg Vallen
Tobias Carlryd	00	7.32	+0.0	24/6	rt Vallen
Jonatan Hirsh	98	7.26	-0.4	21/7	Gbg U-U Airtime
Gabriel Wallmark	02	7.13	-0.6	4/7	Bauhaus Ullevi
Alex Apelgrim	04	7.05	+1.9	22/8	USM Sollentuna
Otto Hammarström	99	6.80	+0.7	8/8	Åby Möndal
Jonathan Carbe	90	6.80	+1.7	21/8	Gbg Vallen
Erik Olsson	89	6.68	+1.6	5/7	Gbg Vallen
Lukas Edqvist	02	6.46	+1.6	7/6	Duellen Vallen
Axel Eenfeldt	05	6.36	+1.1	22/8	USM Sollentuna
Olof Ryberg	00	6.32	+0.4	15/8	SM Uppsala
Nils Thorin	03	6.26	+0.5	7/6	Duellen Vallen
Isak Helgesson	03	6.18	+1.0	7/6	Duellen Vallen
Ben Blomqvist	04	6.03	+1.8	3/10	Marble Falls TX
Daniel Otterdahl	07	5.65	+1.0	7/6	Duellen Vallen
Marcus Johansson	05	5.54	+0.4	4/7	rt Kungälv
- medvind -					
Tobias Carlryd	00	7.46	+4.8	4/7	Bauhaus Ullevi
Jonatan Hirsh	98	7.26	+3.5	29/8	Kristinehamn
Jonathan Carbe	90	6.82	+3.1	5/7	Gbg Vallen
Erik Olsson	89	6.82	+2.6	5/7	Gbg Vallen
Nils Thorin	03	6.35	+2.5	27/6	Duellen Vallen
Elmer Evansson	02	5.59	+2.9	7/6	Duellen Vallen

M Tresteg

Isak Persson	95	15.96	+0.4	6/8	Gbg Vallen
Artur Engström	96	15.54	+1.6	25/7	Gbg Vallen
Gabriel Wallmark	02	15.24	+1.2	14/8	SM Uppsala
Lukas Edqvist	02	14.85	-0.3	14/8	SM Uppsala
Victor Koch	98	14.19	+0.0	30/8	Kristinehamn
Tobias Carlryd	00	14.01	-1.0	30/8	Kristinehamn
Nils Thorin	03	13.86	+0.8	29/8	Kristinehamn
Samuel Wiik	98	13.80	+0.2	30/8	Kristinehamn
Alex Apelgrim	04	13.20	+1.6	23/8	USM Sollentuna
Albin Coster	04	12.20	+0.9	11/8	rt Vallen
Axel Eenfeldt	05	12.11	+1.7	7/8	Vallhamra
Elmer Evansson	02	11.47	+0.0	21/6	Duellen Vallen
- medvind -					
Alex Apelgrim	04	13.43	+3.3	23/8	USM Sollentuna

M Kula (7.26 kg)

Leo Zikovic	04	14.30		6/8	Gbg Vallen
Jonathan Carbe	90	11.71		16/9	Castorama Gbg

Daniel Adolfsson	02	11.40	25/9	Castorama Gbg
Emil Persson	95	11.36	24/9	Castorama Gbg
Erik Olsson	89	11.29	16/9	Castorama Gbg
Gabriel Wallmark	02	10.92	25/9	Castorama Gbg
Kevin Fankl	95	10.85	16/9	Castorama Gbg
Fredrik Sangberg	90	10.74	24/9	Castorama Gbg
Tobias Larsson	98	10.53	24/9	Castorama Gbg
Isak Persson	95	10.16	13/9	Castorama Uppsala
Samuel Wiik	98	9.17	16/9	Castorama Gbg

M Diskus

Kevin Fankl	95	38.37	6/8	Gbg Vallen
Jonathan Carbe	90	37.18	21/6	Duellen Vallen
Gabriel Wallmark	02	31.30	25/9	Castorama Gbg
Fredrik Sangberg	90	31.08	16/9	Castorama Gbg
Tobias Larsson	98	30.98	24/9	Castorama Gbg
Erik Olsson	89	29.97	24/9	Castorama Gbg
Emil Persson	95	29.00	24/9	Castorama Gbg
Daniel Adolfsson	02	28.02	25/9	Castorama Gbg
Isak Persson	95	27.72	13/9	Castorama Uppsala

M Slägga

Gustav Jacobsson	97	41.86	6/8	Gbg Vallen
Emil Persson	95	30.95	24/9	Castorama Gbg
Erik Olsson	89	30.52	24/9	Castorama Gbg
Jonathan Carbe	90	27.09	16/9	Castorama Gbg
Kevin Fankl	95	25.84	16/9	Castorama Gbg
Fredrik Sangberg	90	25.53	16/9	Castorama Gbg
Isak Persson	95	23.71	13/9	Castorama Uppsala
Tobias Larsson	98	22.74	24/9	Castorama Gbg

M Spjut

Joni Kaartinen	89	66.96	14/8	SM Uppsala
Emil Persson	95	48.95	24/9	Castorama Gbg
Kevin Fankl	95	45.41	16/9	Castorama Gbg
Erik Olsson	89	44.92	16/9	Castorama Gbg
Gabriel Wallmark	02	43.70	25/9	Castorama Gbg
Tobias Larsson	98	39.42	24/9	Castorama Gbg
Daniel Adolfsson	02	39.12	25/9	Castorama Gbg
Ben Blomqvist	05	39.09	1/8	Marble Falls Texas
Felix Larsen Nilsson	00	37.34	16/9	Castorama Gbg
Jonathan Carbe	90	37.02	16/9	Castorama Gbg
Fredrik Sangberg	90	35.91	24/9	Castorama Gbg
Samuel Wiik	98	33.39	16/9	Castorama Gbg

Castorama

Emil Persson	95	2.131	24/9	Castorama Gbg
Erik Olsson	89	2.071	16/9	Castorama Gbg
Kevin Fankl	95	2.070	16/9	Castorama Gbg
Jonathan Carbe	90	2.019	16/9	Castorama Gbg
Gabriel Wallmark	02	1.872	25/9	Castorama Gbg
Tobias Larsson	98	1.826	16/9	Castorama Gbg
Daniel Adolfsson	02	1.793	25/9	Castorama Gbg
Fredrik Sangberg	90	1.788	24/9	Castorama Gbg
Isak Persson	95	1.499	13/9	Castorama Uppsala
Samuel Wiik	98	1.423	16/9	Castorama Gbg
Felix Larsen Nilsson	00	1.294	16/9	Castorama Gbg
Victor Koch	98	1.082	24/9	Castorama Gbg
Otto Hammarström	98	1.003	16/9	Castorama Gbg

M 4x100m

Örgryte IS	Seniorer	40.59	12/9	SM Vallen
<small>(Jonatan Hirsh 98 – Alexander Andreasson 99 – Carl Bengtström 00 – Jonathan Carbe 90)</small>				
Örgryte IS	M22 lag 1	41.95	12/9	SM Vallen
<small>(Jonatan Hirsh 98 – Alexander Andreasson 99 – Samuel Wiik 98 – Tobias Carlyrd 00)</small>				
Örgryte IS	P17	43.56	12/9	SM Vallen
<small>(Leo Zikovic 04 – William Asker 04 – Nils Thorin 03 – Alex Apelgrim 04)</small>				
Örgryte IS	M22 lag 2	44.99	12/9	SM Vallen
<small>(Otto Hammarström 99 – Viggo Hahnsson 99 – Svante Wester 99 – Victor Koch 98)</small>				

M Stafett 1000m

Örgryte IS	P17	2.02.27	13/9	SM Vallen
<small>(Leo Zikovic 04 – William Asker 04 – Nils Thorin 03 – Alex Apelgrim 04)</small>				
Örgryte IS	P19	2.07.40	12/9	SM Vallen
<small>(Gabriel Wallmark 02 – Lukas Bertilsson 02 – Lukas Edqvist 02 – Jacob Helgesson 03)</small>				

M 4x800m

Örgryte IS	Seniorer	8.38.16	12/9	SM Vallen
<small>(Muhamed Nuur 99 – Nicklas Gunnarsson 97 – Jesper Evervall 94 – Chris Gray 92)</small>				

M 4x1500m

Örgryte IS	Seniorer	17.08.08	13/9	SM Vallen
<small>(Chris Gray 92 – Jonas Gustafsson - Nicklas Gunnarsson 97 – Jesper Evervall 94)</small>				

M22 3x400m

Örgryte IS	M22	2.32.74	12/9	SM Vallen
<small>(Tobias Carlyrd 00 – Felix Larsen Nilsson 99 - Samuel Wiik 98)</small>				

M22 3x800m

Örgryte IS	M22	6.10.19	13/9	SM Vallen
<small>(Alexander Sörensen 02 – Felix Larsen Nilsson 99 – Muhamed Nuur 99)</small>				

P/F 14-15 6x200m

Örgryte IS		2.36.02	5/9	Kraftmätning Vallen
<small>(D Otterdahl 07 – I Yngve 05 – A Eenfeldt 05 – E Wester 05 – M Johansson 05 – E Wendel 04)</small>				

P19 Kula (6.0kg)

Daniel Adolfsson	02	13.62	7/6	Duellen Vallen
------------------	----	-------	-----	----------------

P19 Kula (1.75kg)

Daniel Adolfsson	02	37.38	21/6	Duellen Vallen
------------------	----	-------	------	----------------

P17 100m

Alex Apelgrim	04	10.99	+1.5	30/8	Norrköping
Ben Blomqvist	04	11.98	+0.0	3/10	Marble Falls TX
-medvind -					
Alex Apelgrim	04	10.98	+2.6	25/5	Gbg Vallen
-manuell tidtagning -					
David Sämfors	04	12,6w	+2.5	7/6	Duellen Vallen

P17 400m

Ben Blomqvist	04	54.90		27/2	Bourne, Texas
Albin Hagstedt	04	56.94		14/6	Gbg Vallen
David Sämfors	04	57.98		25/7	Gbg Vallen

P17 800m

Philip Frick	04	2.08.87		30/5	VG Mölndal
--------------	----	---------	--	------	------------

P17 Häck 110m (91cm)

Nils Thorin	03	14.38	+1.3	8/8	Åby Mölndal
Ben Blomqvist	04	16.26		5/3	New Braunfels, Texas
- medvind -					
Nils Thorin	03	14.30	+3.0	22/8	JSM Linköping

P17 Häck 110m (99cm)

Ben Blomqvist	04	16.96	+1.6	4/10	Marble Falls TX
---------------	----	-------	------	------	-----------------

P17 Hinder 2000m

Philip Frick	04	6.50.48		27/6	Gbg Vallen
--------------	----	---------	--	------	------------

P17 Häck 300m

Nils Thorin	03	40.60		23/8	JSM Linköping
Ben Blomqvist	04	42.29		7/11	Marble Falls, Texas
Isak Helgesson	03	42.56		21/6	Duellen Vallen
David Sämfors	04	45.55		29/8	Norrköping

P17 Höjd

Albin Coster	04	1.93		7/6	Duellen Vallen
Ben Blomqvist	04	1.83		22/2	Bourne, Texas
Isak Helgesson	03	1.74		7/6	Duellen Vallen
Nils Thorin	03	1.74		7/6	Duellen Vallen
Mattias Carman	03	1.70		7/6	Duellen Vallen
Albin Hagstedt	04	1.62		21/6	Duellen Vallen
Sten Hagström	03	1.58		7/6	Duellen Vallen

P17 Stav

William Asker	04	4.62		27/8	Åby Mölndal
Sten Hagström	03	4.01		11/7	Karlskrona
Ben Blomqvist	05	3.20		4/10	Marble Falls Texas

P17 Längd

Alex Apelgrim	04	7.05	+1.9	22/8	USM Sollentuna
Nils Thorin	03	6.26	+0.5	7/6	Duellen Vallen
Isak Helgesson	03	6.18	+1.0	7/6	Duellen Vallen
Ben Blomqvist	04	6.03	+1.8	3/10	Marble Falls TX
- medvind -					
Nils Thorin	03	6.35	+2.5	27/6	Duellen Vallen

P17 Tresteg

Nils Thorin	03	13.86	+0.8	29/8	Kristinehamn
Alex Apelgrim	04	13.20	+1.6	23/8	USM Sollentuna
Albin Coster	04	12.20	+0.9	11/8	rt Vallen
- medvind -					
Alex Apelgrim	04	13.43	+3.3	23/8	USM Sollentuna

P17 Kula (5.0 kg)

Leo Zikovic	04	18.21		30/8	Bottnaryd
Ben Blomqvist	04	11.76		5/12	Marble Falls, Texas
Eliot Gustavsson	04	10.20		24/9	Castorama Gbg

P17 Diskus (1.5 kg)

Ben Blomqvist	04	35.91		5/12	Marble Falls, Texas
Eliot Gustavsson	04	31.14		24/9	Castorama Gbg

P17 Slägga (5.0kg)

Eliot Gustavsson	04	40.99		23/8	USM Norrköping
------------------	----	-------	--	------	----------------

P17 Spjut (800)

Ben Blomqvist	05	39.09		1/8	Marble Falls Texas
---------------	----	-------	--	-----	--------------------

P17 4x100m

Örgryte IS	P17	43.56		13/9	SM Vallen
------------	-----	-------	--	------	-----------

(Leo Zikovic 04 – William Asker 04 – Nils Thorin 03 – Alex Apelgrim 04)

P17 Stafett 1000m

Örgryte IS P17 2.02.27 13/9 SM Vallen
(Leo Zikovic 04 – William Asker 04 – Nils Thorin 03 – Alex Apelgrim 04)

P17 3x800m

Örgryte IS P17 6.43.17 13/9 SM Vallen
(Albin Hagstedt 04 – Tim Tompsett 04 – Philip Frick 04)

P15 300m

Markus Johansson 05 42.00 10/7 Gbg Vallen
- medvind -
Markus Johansson 05 41,7 14/6 Duellen Vallen

P15 800m

Axel Eenfeldt 05 2.18.81 5/9 KM Vallen
Marcus Johansson 05 2.23.81 5/9 KM Vallen
André Samrin Ribeiro 05 2.24.65 5/9 KM Vallen
Anton Fyhr 05 2.31.85 14/6 KM Vallen

P15 Häck 80m

- medvind -
Axel Eenfeldt 05 12.11 +2.7 5/9 KM Vallen
Marcus Johansson 05 12.61 +2.7 5/9 KM Vallen
- manuell tidtagning -
Daniel Otterdahl 07 12,6 +0.0 14/6 KM Vallen
André Samrin Ribeiro 05 12,8 +1.4 14/6 KM Vallen
Marcus Johansson 05 12,9 +1.4 14/6 KM Vallen
Anton Fyhr 05 15,3 +1.4 14/6 KM Vallen

P15 Häck 300m

Marcus Johansson 05 44.91 2/8 Duellen Vallen

P15 Höjd

Axel Eenfeldt 05 1.79 22/8 USM Sollentuna
André Samrin Ribeiro 05 1.72 5/9 KM Vallen
Marcus Johansson 05 1.44 14/6 KM Vallen
Anton Fyhr 05 1.24 14/6 KM Vallen

P15 Längd

Axel Eenfeldt 05 6.36 +1.1 22/8 USM Sollentuna
Marcus Johansson 05 5.54 +0.4 4/7 rt Kungälv
André Samrin Ribeiro 05 5.00 -2.4 14/6 KM Vallen

P15 Tresteg

Axel Eenfeldt 05 12.11 +1.7 7/8 Vallhamra

P15 Kula (4 kg)

André Samrin Ribeiro 05 10.07 14/6 KM Vallen
Axel Eenfeldt 05 8.27 5/9 KM Vallen

P15 Spjut (600)

André Samrin Ribeiro 05 32.94 5/9 KM Vallen
Axel Eenfeldt 05 16.89 5/9 KM Vallen

P15 4x80m

Örgryte IS P15 38.02 13/9 SM Vallen
(Jonas Ellison 06 – Axel Eenfeldt 05 – Marcus Johansson 05 – André Samrin Ribeiro 05)

P14 80m

Jonas Ellison 06 10.06 +0.1 2/8 Duellen Vallen
Daniel Otterdahl 07 10.36 +0.1 2/8 Duellen Vallen

- manuell tidtagning -					
Jonas Ellison	06	10,0	+0.0	7/6	Duellen Vallen
<u>P14 200m</u>					
Jonas Ellison	06	25.64	+2.0	2/8	Duellen Vallen
<u>P14 300m</u>					
- manuell tidtagning -					
Jonas Ellison	06	43,3		21/6	Duellen Vallen
<u>P14 800m</u>					
William Malmström	06	2.43.85		21/6	KM Vallen
Jonas Ellison	06	2.51.41		21/6	KM Vallen
Oscar Carlsson	06	2.53.75		21/6	KM Vallen
<u>P14 Häck 80m</u>					
William Malmström	06	14.99	+2.0	5/9	KM Vallen
- medvind -					
Daniel Otterdahl	07	12.58	+2.7	5/9	KM Vallen
- manuell tidtagning -					
Daniel Otterdahl	07	12,5	+0.0	21/6	Duellen Vallen
William Malmström	06	14,3	+1.4	14/6	KM Vallen
Jonas Ellison	06	14,3	+0.0	14/6	KM Vallen
Oscar Carlsson	06	14,8	+1.4	14/6	KM Vallen
<u>P14 Höjd</u>					
Jonas Ellison	06	1.48		14/6	KM Vallen
William Malmström	06	1.40		14/6	KM Vallen
Oscar Carlsson	06	1.32		14/6	KM Vallen
<u>P14 Längd</u>					
Jonas Ellison	06	4.47	-1.6	14/6	KM Vallen
William Malmström	06	4.03	+0.0	14/6	KM Vallen
Oscar Carlsson	06	4.08	-0.8	14/6	KM Vallen
<u>P14 Kula (4 kg)</u>					
William Malmström	06	7.85		5/9	KM Vallen
<u>P14 Spjut (600)</u>					
William Malmström	06	24.63		5/9	KM Vallen
Jonas Ellison	06	16.89		7/6	Duellen Vallen
Oscar Carlsson	06	15.84		7/6	Duellen Vallen
Anton Fyhr	06	12.93		7/6	Duellen Vallen
<u>P13 60m</u>					
Daniel Otterdahl	07	7.80	+0.0	19/9	UDM Vallen
<u>P13 200m</u>					
Daniel Otterdahl	07	26.34	+2.0	2/8	Duellen Vallen
<u>P13 600m</u>					
Arvid Berntsson	07	1.56.20		20/9	UDM Vallen
<u>P13 800m</u>					
Daniel Otterdahl	07	2.42.48		21/6	KM Vallen
<u>P13 1500m</u>					
Valter Jönrup	07	5.46.72		19/9	UDM Vallen
<u>P13 Höjdhopp</u>					
Daniel Otterdahl	07	1.76		21/6	KM Vallen

P13 Stav

Ove Hagström	07	3.00		20/9	UDM Vallen
--------------	----	------	--	------	------------

P13 Längd zon

Daniel Otterdahl	07	5.93	+0.6	20/6	UDM Vallen
------------------	----	------	------	------	------------

P13 Längd planka

Daniel Otterdahl	07	5.65	+1.0	7/6	Duellen Vallen
------------------	----	------	------	-----	----------------

P13 Tresteg zon

Ove Hagström	07	10.12	+0.0	11/8	Gbg Vallen
--------------	----	-------	------	------	------------

P13 Kula (4 kg)

Daniel Otterdahl	07	8.85		5/9	KM Vallen
------------------	----	------	--	-----	-----------

P13 Kula (3 kg)

Ivan Fredberg	07	9.25		20/9	UDM Vallen
---------------	----	------	--	------	------------

P13 Diskus (0.6 kg)

Ivan Fredberg	07	17.43		19/9	UDM Vallen
---------------	----	-------	--	------	------------

P13 Slägga (3 kg)

Ivan Fredberg	07	16.91		30/5	Kungälv
---------------	----	-------	--	------	---------

P13 Spjut (400)

Ivan Fredberg	07	26.01		30/5	Kungälv
---------------	----	-------	--	------	---------

P13 Spjut (600)

Daniel Otterdahl	07	27.29		5/9	KM Vallen
------------------	----	-------	--	-----	-----------

P12 Kula (3 kg)

Noah Blomqvist	08	13.52		30/12	Bourne, Texas
----------------	----	-------	--	-------	---------------

P12 Diskus (0.6 kg)

Noah Blomqvist	08	35.99		7/11	Marble Falls, Texas
----------------	----	-------	--	------	---------------------

P12 Diskus (1.0 kg)

Noah Blomqvist	08	31.24		27/6	Marble Falls, Texas
----------------	----	-------	--	------	---------------------

K 100m

Jenny Lestander	98	12.35	+1.9	22/8	JSM Ullevi
Ellen Hansson	04	12.56	+0.6	8/8	Åby Mölndal
Rebecca Abrahamsson	94	12.92	-0.8	27/6	Ullevi
Judith Wagersten	98	13.12	-0.8	27/6	Ullevi
- medvind -					
Jenny Lestander	98	12.24	+2.1	11/7	Skara
Rebecca Abrahamsson	94	12.38	+3.4	14/6	Åby Mölndal
Judith Wagersten	98	12.75	+2.1	11/7	Skara

K 200m

Rebecca Abrahamsson	94	25.67	+1.4	14/6	Åby Mölndal
Ellen Hansson	04	26.10	+0.8	25/7	Gbg Vallen
Jenny Lestander	98	26.17	-1.0	27/6	Ullevi
Judith Wagersten	98	26.63	-0.7	27/6	Ullevi
- manuell tidtagning -					
Ellen Hansson	04	25,8	+2.9	27/6	Duellen Vallen

K 300m

Elna Wester	05	40.47		30/8	Norrköping
-------------	----	-------	--	------	------------

K 400m

Judith Wagersten	98	59.55		25/7	Gbg Vallen
------------------	----	-------	--	------	------------

Alicia Jisbrant	04	63.76		25/7	Gbg Vallen
Ebba Francois	04	63.95		8/8	Åby Mölndal
<u>K 800m</u>					
Elna Wester	05	2.18.06		20/8	Gbg Vallen
Emma Wendel	06	2.38.54		5/9	KM Vallen
<u>K 1500m</u>					
Emma Dahl	91	4.43.30		8/8	Åby Mölndal
Hanna Kumlin	92	4.54.86		15/6	Gbg Vallen
<u>K 3000m</u>					
Emma Dahl	91	9.56.63		11/7	Huddinge
<u>K 5000m</u>					
Emma Dahl	91	16.38.46		11/7	Huddinge
Johanna Larsson	93	17.15.81		29/8	FGP Vallen
Johanna Widarsson Norbeck	89	17.41.17		9/7	Gbg Vallen
<u>K 10000m</u>					
Hanna Kumlin	92	36.49.49		30/6	Stockholm
Johanna Larsson	93	36.55.27		14/8	SM Uppsala
Desirée Lilliehöök	86	42.34.71		15/6	Gbg Vallen
<u>K 10 km landsväg</u>					
Johanna Larsson	93	35.36		10/10	SM Anderstorp
Hanna Kumlin	92	35.53		10/10	SM Anderstorp
<u>K halvmaraton</u>					
Hanna Kumlin	92	1.19.47		1/3	Blagnac, ITA
Johanna Larsson	93	1.20.15		29/7	Anderstorp
<u>K maraton</u>					
Hanna Kumlin	92	2.46.18		14/11	Uppsala
<u>K Hinder 3000m</u>					
Emma Dahl	91	10.19.24		15/8	SM Uppsala
<u>K Höjd</u>					
Maja Nilsson	99	1.82		16/7	Gbg Vallen
Engla Nilsson	05	1.72		5/9	KM Vallen
Vendela von Corswant	93	1.72		8/8	Åby Friidrott
Emma Wendel	06	1.58		25/7	Uddevalla
Inez Yngve	05	1.56		21/6	KM Vallen
Felicia Asmar	05	1.44		21/6	KM Vallen
Ebba Halling	05	1.42		27/6	Duellen Vallen
<u>K Stav</u>					
Michaela Meijer	93	4.83		1/8	Norrköping
Malin Dahlström	89	4.01		1/8	Norrköping
Fanny Berglund	88	3.80		14/8	SM Uppsala
<u>K Längd</u>					
Jenny Lestander	98	6.08	+0.0	12/7	Gbg Vallen
Rebecka Abrahamsson	94	6.02	+0.0	21/8	Gbg Vallen
Fanny Runheim	99	6.01	+1.1	21/8	Gbg Vallen
Maja Nilsson	99	5.68	+0.8	21/8	Gbg Vallen
Judith Wagersten	98	5.62	+1.2	14/6	Bohus
Ellen Hansson	04	5.61	+1.2	22/8	USM Sollentuna
Inez Yngve	05	5.35	-0.8	21/6	KM Vallen
Olivia Bojang	02	5.26	+1.6	21/8	Gbg Vallen

Elna Wester	05	5.08	+0.1	2/8	Duellen Vallen
Alicia Jisbrant	04	4.96	+0.0	27/6	Duellen Vallen
Emma Wendel	06	4.93	+1.5	5/9	KM Vallen
Clara Weetom	04	4.77	+0.0	4/7	rt Kungälv
Engla Nilsson - medvind -	05	4.77	+0.0	5/9	KM Vallen
Jenny Lestander	98	6.26	+3.3	8/8	Söderhamn
Rebecka Abrahamsson	94	6.05	+2.1	21/8	Gbg Vallen
Judith Wagersten	98	5.68	+4.1	12/7	Gbg Vallen
Olivia Bojang	02	5.65	+3.1	21/8	Gbg Vallen
Inez Yngve	05	5.37	+3.1	5/9	KM Vallen
Judith Sjöman	99	5.30	+3.6	5/7	Gbg Vallen

K Tresteg

Rebecka Abrahamsson	94	13.56	-1.9	16/8	SM Uppsala
Jenny Lestander	98	12.15	+1.5	24/6	rt Vallen
Judith Wagersten	98	11.80	+1.6	29/8	Kristinehamn
Hilma Hofström	98	11.62	+0.1	24/6	rt Vallen
Alicia Jisbrant	04	10.49	+2.0	27/6	Duellen Vallen

K Spjut

Stina Jacobsson	00	43.45		28/6	Bottnaryd
-----------------	----	-------	--	------	-----------

K Castorama

Jenny Lestander	98	1.740		17/9	Castorama Gbg
-----------------	----	-------	--	------	---------------

K 4x100m

Örgryte IS	Seniorer	48.03		12/9	SM Vallen
<small>(Judith Wagersten 98 – Jenny Lestander 98 – Rebecka Abrahamsson 94 – Fanny Runheim 99)</small>					
Örgryte IS	K22	50.37		13/9	SM Vallen
<small>(Judith Wagersten 98 – Jenny Lestander 98 – Hilma Hofström 00 – Maja Nilsson 99)</small>					
Örgryte IS	F17	50.82		13/9	SM Vallen
<small>(Inez Yngve 05 – Ellen Hansson 04 – Alicia Jisbrant 04 – Clara Weetom 04)</small>					

K Stafett 1000m

Örgryte IS	F17	2.19.70		12/9	SM Vallen
<small>(Inez Yngve 05 – Ellen Hansson 04 – Alicia Jisbrant 04 – Elna Wester 05)</small>					

K 4x800m

Örgryte IS	Seniorer	10.29.48		12/9	SM Vallen
<small>(Johanna Larsson 93 – Elsa Friberg 04 – Josephine Källvik 04 – Desirée Lilliehöök 86)</small>					

K 4x800m

Örgryte IS	Seniorer	15.34.61		13/9	SM Vallen
<small>(Johanna Larsson 93 – Linnea Knüppel 04 – Desirée Lilliehöök 86)</small>					

K22 3x400m

Örgryte IS	K22	3.15.35		12/9	SM Vallen
<small>(Judith Wagersten 98 – Hilma Hofström 00 -Jenny Lestander 98)</small>					

K22 3x800m

Örgryte IS	K22	8.41.23		13/9	SM Vallen
<small>(Hilma Hofström 00 –Rebecca Runfors Carlsson 02 - Judith Wagersten 98)</small>					

F17 100m

Ellen Hansson	04	12.56	+0.6	8/8	Åby Mölndal
-manuell tidtagning -					
Ellen Hansson	04	12,4	+0.1	7/6	Duellen Vallen

F17 200m

Ellen Hansson	04	26.10	+0.8	25/7	Gbg Vallen
- medvind -					
Ebba Francois	04	28.88	+2.3	2/8	Duellen Vallen

- manuell tidtagning -

Ellen Hansson	04	25,8	+2.9	27/6	Duellen Vallen
Ebba Francois	04	29,6	+0.1	21/6	Duellen Vallen

F17 400m

Alicia Jisbrant	04	63.76		25/7	Gbg Vallen
Ebba Francois	04	63.95		8/8	Åby Mölndal

F17 Häck 300m

Clara Weetom	04	53.38		16/8	Lidköping
Ebba Francois	04	54.25		21/6	Duellen Vallen

F17 Längd

Ellen Hansson	04	5.61	+1.2	22/8	USM Sollentuna
Alicia Jisbrant	04	4.96	+0.0	27/6	Duellen Vallen
Clara Weetom	04	4.77	+0.0	4/7	rt Kungälv
Lisa Ellison	04	4.32	+0.5	7/6	Duellen Vallen

F17 Tresteg

Alicia Jisbrant	04	10.49	+2.0	27/6	Duellen Vallen
Clara Weetom	04	9.87	+0.2	2/8	Duellen Vallen

F17 4x100m

Örgryte IS	F17	50.82		13/9	SM Vallen
------------	-----	-------	--	------	-----------

(Inez Yngve 05 – Ellen Hansson 04 – Alicia Jisbrant 04 – Clara Weetom 04)

F17 Stafett 1000m

Örgryte IS	F17	2.19.70		12/9	SM Vallen
------------	-----	---------	--	------	-----------

(Inez Yngve 05 – Ellen Hansson 04 – Alicia Jisbrant 04 – Elna Wester 05)

Örgryte IS	F17 lag 2	2.43.43		12/9	
------------	-----------	---------	--	------	--

(Lisa Ellison 04 – Ebba Francois 04 – Linnea Knüppel 04 – Clara Weetom 04)

F15 80m

-manuell tidtagning -

Inez Yngve	05	10,5	+1,8	7/6	Duellen Vallen
------------	----	------	------	-----	----------------

F15 300m

Elna Wester	05	40.47		30/8	Norrköping
-------------	----	-------	--	------	------------

F15 600m

Inez Yngve	05	1.52.14		2/8	Huddinge
------------	----	---------	--	-----	----------

F15 800m

Elna Wester	05	2.18.06		20/8	Gbg Vallen
Elsa Friberg	05	2.51.50		5/9	KM Vallen

F15 Häck 80m

Inez Yngve	05	12.33	+1.4	5/9	KM Vallen
Engla Nilsson	05	13.32	+1.4	5/9	KM Vallen
Ebba Halling	05	15.22	+1.0	5/9	KM Vallen

-manuell tidtagning -

Fea Bolt-Hansen	07	14,6	-2.2	14/6	KM Vallen
-----------------	----	------	------	------	-----------

F15 Höjd

Engla Nilsson	05	1.72		5/9	KM Vallen
Inez Yngve	05	1.56		14/6	KM Vallen
Felicia Asmar	05	1.44		14/6	KM Vallen
Ebba Halling	05	1.42		27/6	Duellen Vallen

F15 Längd

Inez Yngve	05	5.35	-0.8	14/6	KM Vallen
Elna Wester	05	5.08	+0.1	2/8	Duellen Vallen

Engla Nilsson	05	4.77	+0.0	5/9	KM Vallen
Ebba Halling	05	3.87	+1.2	5/9	KM Vallen
<u>F15 Kula (3.0 kg)</u>					
Ebba Halling	05	8.91		27/6	Duellen Vallen
Ella Papoz Wåhlin	05	8.52		14/6	KM Vallen
Matilda Bloom	05	8.04		5/9	KM Vallen
Engla Nilsson	05	6.65		5/9	KM Vallen
<u>F15 Diskus (0.75)</u>					
Matilda Bloom	05	24.02		16/8	Lidköping
Ebba Halling	05	18.46		21/6	Duellen Vallen
<u>F15 Spjut (500)</u>					
Inez Yngve	05	34.82		5/9	KM Vallen
Ella Papoz Wåhlin	05	22.80		14/6	KM Vallen
Matilda Bloom	05	21.86		7/6	Duellen Vallen
Ebba Halling	05	19.20		7/6	Duellen Vallen
Engla Nilsson	05	19.01		5/9	KM Vallen
<u>F15 Sexkamp</u>					
Inez Yngve	05	3.591		1-2/8	Huddinge
<u>F14 300m</u>					
Emma Wendel	06	47.47		16/8	Lidköping
<u>F14 800m</u>					
Emma Wendel	06	2.38.54		5/9	KM Vallen
<u>F14 Häck 80m</u>					
Emma Wendel	06	14.07	+1.4	5/9	KM Vallen
<u>F14 Höjd</u>					
Emma Wendel	06	1.58		25/7	Uddevalla
<u>F14 Längd</u>					
Emma Wendel	06	4.93	+1.5	5/9	KM Vallen
<u>F14 Kula (3.0)</u>					
Emma Wendel	06	8.25		5/9	KM Vallen
<u>F14 Spjut (500)</u>					
Emma Wendel	06	18.67		5/9	KM Vallen
<u>F13 60m</u>					
Fea Bolt Hansen	07	8.89	+0.0	19/9	UDM Vallen
Lovisa Nisslert	07	9.88	+0.0	19/9	UDM Vallen
<u>F13 200m</u>					
Fea Bolt Hansen	07	30.05	+1.9	19/9	UDM Vallen
<u>F13 Häck 60m (68 cm)</u>					
Nadja Ahnoff	07	11.78	+1.4	19/9	UDM Vallen
<u>F13 Häck 200m (68 cm)</u>					
Nadja Ahnoff	07	34.83	-0.9	20/9	UDM Vallen
<u>F13 Längd planka</u>					
Fea Bolt-Hansen	07	4.51	-1.5	21/6	KM Vallen