

Örgryte Friidrott Utomhusstatistik 2021

Uppdaterad 25/10

M 100m

Alex Apelgrim	04	10.56	+0.7	13/8	USM Norrköping
Carl Bengtström	00	10.70	-0.9	6/6	Skara
Anders Pihlblad	98	10.70	+0.0	7/8	Åby Mölndal
Alexander Andreasson	99	10.77	+0.8	6/6	Skara
Jonatan Hirsh	98	10.82	+1.2	6/6	Skara
Tobias Carlryd	00	10.99	-0.3	6/6	Skara
Artur Engström	96	11.26	+0.0	6/6	Skara
Samuel Wiik	98	11.27	-0.3	6/6	Skara
Nils Thorin	03	11.60	+1.3	24/7	Tanum
William Brandberg	03	11.61	+0.4	29/8	Kungsbacka
Daniel Otterdahl	07	11.75	+0.4	7/8	Åby Mölndal
Fredrik Sangberg	90	11.81	+0.6	6/6	Skara
Ben Blomqvist	04	11.83	+1.0	30/6	Eugene
Gustav Ölund	94	11.87	+0.6	6/6	Skara
Jonas Ellison	06	11.94	+1.0	7/8	Åby Mölndal
Sten Hagström	03	12.10	+1.3	24/7	Tanum
Albin Coster	04	12.25	-0.1	29/5	Vallen Gbg
Henrik Rosario	06	12.31	+0.9	31/7	Houston Texas
David Sämfors	04	12.61	+0.8	11/7	VU Ullevi
- medvind -					
Anders Pihlblad	98	10.59	+4.4	19/6	Vallen Gbg
Alexander Andreasson	99	10.66	+4.4	19/6	Vallen Gbg
Jonathan Carbe	90	11.17	+2.5	7/8	Ljungby SM
Kevin Fankl	95	11.66	+4.4	19/6	Vallen Gbg

M 200m

Carl Bengtström	00	20.95	-1.1	21/8	JSM Linköping
Anders Pihlblad	99	21.09	-1.2	14/8	Malmö
Alex Apelgrim	04	21.09	+0.5	15/8	USM Norrköping
Alexander Andreasson	99	21.93	+0.3	2/6	FGP Vallen
Jonatan Hirsh	98	22.55	-0.6	29/8	SM Borås
Nils Thorin	03	23.52	+0.3	24/7	Tanum
William Brandberg	03	23.67	+0.0	1/9	Vallen Gbg
Daniel Otterdahl	07	23.94	+0.0	1/9	Vallen Gbg
Gustav Ölund	94	24.20	+0.0	23/6	Stonehill Lerum
Felix Larsen Nilsson	00	24.21	+0.0	1/9	Vallen Gbg
Erik Olsson	89	24.50	+0.0	1/9	Vallen Gbg
Albin Hagstedt	04	25.02	+0.3	10/7	VU Ullevi
Viggo Hahnssö	99	25.05	+0.0	1/9	Vallen Gbg
Sten Hagström	03	25.13	+0.3	24/7	Tanum
Jonas Ellison	06	25.24	+0.3	24/7	Tanum
David Sämfors	04	25.63	+0.4	6/6	Vallen Gbg
- medvind -					
Fredrik Sangberg	90	23.28	+6.4	12/6	Vallhamra
Gustav Ölund	94	24.19	+2.5	12/6	Vallhamra
Marcus Johansson	05	25.31	+2.5	29/5	Vallen Gbg
Sebastian Gilley	03	25.63	+2.5	29/5	Vallen Gbg

M 300m

Carl Bengtström	00	33.33		29/5	Vallen Gbg
Samuel Wiik	98	35.47		29/5	Vallen Gbg
Ben Blomqvist	04	37.20		7/8	Ljungby SM
Fredrik Sangberg	90	37.77		29/5	Vallen Gbg

Felix Larsen Nilsson	00	38.01	29/5	Vallen Gbg
Gustav Ölund	94	39.33	29/5	Vallen Gbg
<u>M 400m</u>				
Carl Bengtström	00	45.98	4/9	Finnkampen Sthlm
Anders Pihlblad	99	47.05	24/7	Vallen Gbg
Vidar Stenqvist	00	48.31	13/6	FGP Sollentuna
Karl Wällgren	01	48.37	21/8	JSM Linköping
Isak Helgesson	03	49.39	7/8	Åby Mölndal
Samuel Wiik	98	49.65	24/7	Vallen Gbg
Ben Blomqvist	04	49.80	31/3	New Braunfels, Texas
Gustav Karlsson	00	50.56	20/8	Linköping JSM
Jonathan Carbe	90	50.83	7/8	Ljungby SM
Fredrik Sangberg	90	52.30	10/7	VU Ullevi
Felix Larsen Nilsson	00	53.07	24/7	Vallen Gbg
Henrik Rosario	06	53.12	16/9	Marble Falls, Texas
Albin Hagstedt	04	53.37	14/8	USM Norrköping
Gustav Ölund	94	53.47	24/7	Vallen Gbg
Svante Wester	99	54.15	24/7	Vallen Gbg
Josef Wallenlind	01	54.29	24/7	Vallen Gbg
Erik Olsson	89	54.93	24/7	Vallen Gbg
<u>M 800m</u>				
Felix Francois	90	1.49.94	29/6	Halmstad
Awet Mengsteab	95	1.55.37	3/4	Canyon, Texas
Isak Helgesson	03	1.55.45	8/6	Vallen Gbg
Felix Larsen Nilsson	00	1.58.43	13/6	FGP Sollentuna
Samuel Wiik	98	1.59.77	11/7	VU Ullevi
Gustav Karlsson	00	2.00.71	11/7	VU Ullevi
Mohamed Nuur	99	2.03.70	8/6	Vallen Gbg
Albin Hagstedt	04	2.05.02	11/7	VU Ullevi
Alexander Sörensen	02	2.06.82	29/5	Vallen Gbg
Philip Frick	04	2.11.53	11/7	VU Ullevi
Tim Tompsett	04	2.11.59	17/6	Vallen Gbg
<u>M 1500m</u>				
Mohamed Nuur	99	3.55.58	21/8	JSM Linköping
Awet Mengsteab	95	3.57.78	22/4	Albuquerque, NM
Chris Gray	92	4.04.39	29/6	Halmstad
Jesper Evervall	94	4.16.69	27/6	Vallen Gbg
Philip Frick	04	4.21.30	1/9	Vallen Gbg
Tim Tompsett	04	4.30.16	6/6	Vallen Gbg
Ben Blomqvist	04	4.40.67	1/7	Eugene
Henrik Rosario	06	4.46.25	1/8	Houston Texas
Jonathan Carbe	90	4.50.63	8/8	Ljungby SM
<u>M 3000m</u>				
Erik Barr Zeilon	97	8.53.18	16/6	Västerås
<u>M 5000m</u>				
Mohamed Nuur	99	14.56.34	23/6	Stonehill Lerum
Erik Barr Zeilon	97	15.27.13	19/6	Västerås
Nicklas Gunnarsson	96	15.33.22	23/6	Stonehill Lerum
Jesper Evervall	94	16.09.62	23/6	Stonehill Lerum
Joel Thorén	95	16.14.89	23/6	Stonehill Lerum
<u>M 10 km landsväg</u>				
Erik Barr Zeilon	97	32.40	19/9	Tucson Arizona
Oskar Jönsson	86	32.47	6/6	Falkenberg

Viktor Lundmark		33.31		31/7	Falkenberg
Nicklas Gunnarsson	96	33.34		13/7	Anderstorp SM
Joel Thorén	95	34.58		31/7	Falkenberg
Fredrik Skoglund	93	35.15		14/8	Stockholm

M Halvmaraton

Viktor Lundmark	95	1.14.21		11/9	Stora Holm Gbg
-----------------	----	---------	--	------	----------------

M Häck 110m

Petter Gustafsson	93	14.23	+0.4	10/6	Åby Mölndal
Jonathan Carbe	90	15.43	+1.4	8/8	Ljungby SM

M Häck 400m

Carl Bengtström	00	48.53		14/9	Bellinzona, Schweiz
Gustav Karlsson	00	52.89		29/8	SM Borås
Samuel Wiik	99	53.91		19/6	Vallen Gbg
Felix Larsen Nilsson	00	56.21		19/6	Vallen Gbg
Ben Blomqvist	04	58.02		29/5	Thrall Texas

M 3000m hinder

Awet Mengsteab	95	8.48.86		30/4	Fresna, CAL
Philip Frick	04	10.08.59		4/9	Lerum Stonehill

M Höjd

Isak Persson	95	2.03		29/6	Halmstad
Lukas Edqvist	02	2.03		7/8	Åby Mölndal
Albin Coster	04	1.85		29/5	Åby Friidrott
Ben Blomqvist	04	1.83		25/2	Bourne, Texas
William Frisk	02	1.83		25/5	Åby Mölndal
Jonathan Carbe	90	1.82		7/8	Ljungby SM
Ola Carlsson	75	1.80		11/7	Malaga Spanien
Daniel Otterdahl	07	1.79		5/9	Täby
Axel Eenfeldt	05	1.70		12/6	Vallhamra

M Stav

Melker Svärd Jacobsson	94	5.65		27/6	Leverkusen GER
William Asker	04	4.82		12/6	Åby Mölndal
Sten Hagström	03	3.90		10/7	VU Ullevi
Jonathan Carbe	90	3.80		8/8	Ljungby SM
Oliver Edman Chrantz	01	3.78		7/8	Åby Mölndal
Ben Blomqvist	04	3.65		1/8	Houston
Erik Hagström	73	3.61		23/6	Lerum
Ove Hagström	07	3.45		11/9	Varberg
Henrik Rosario	06	3.15		24/6	Texas

M Längd

Jonathan Hirsh	98	7.50	+2.0	27/8	SM Borås
Tobias Carlryd	00	7.38	+0.7	26/6	Ullevi Gbg
Artur Engström	96	7.23	+0.3	19/6	Vallen Gbg
Alex Apelgrim	04	7.01	+1.3	14/8	USM Norrköping
Otto Hammarström	99	6.71	+0.8	27/8	SM Borås
Jonathan Carbe	90	6.69	+0.0	7/8	Ljungby SM
Nils Thorin	03	6.61	+0.0	10/9	Vallen Gbg
Daniel Otterdahl	07	6.49	+0.9	7/8	Åby Mölndal
Olof Ryberg	00	6.42	+1.4	23/6	Stonehill Lerum
Marcus Johansson	05	6.42	+0.4	5/9	Lerum Stonehill
Axel Eenfeldt	05	6.41	+1.0	23/6	Stonehill Lerum
Ben Blomqvist	04	6.11	ej mätt	30/3	New Braunfels, Texas
William Brandberg	03	6.06	+0.0	18/8	Gbg Vallen

- medvind -					
Jonathan Hirsh	98	7.51	+3.5	19/6	Vallen Gbg
Artur Engström	96	7.25	+2.5	11/7	VU Ullevi
Otto Hammarström	99	6.81	+2.3	22/8	JSM Linköping

M Tresteg

Gabriel Wallmark	02	16.43	+1.1	20/8	JVM Nairobi
Isak Persson	95	15.70	+1.9	29/8	SM Borås
Artur Engström	96	15.10	+0.2	29/8	SM Borås
Lukas Edqvist	02	14.82	+1.7	22/8	JSM Linköping
Nils Thorin	03	14.04	-0.2	22/8	JSM Linköping
Erik Olsson	89	13.95	+1.5	26/6	Ullevi Gbg
Ola Carlsson	75	11.48	+0.4	23/5	Malaga Spanien

- medvind -

Isak Persson	95	15.84	+2.5	13/6	FGP Sollentuna
Ola Carlsson	75	11.65	+2.2	23/5	Malaga Spanien

M Kula (7.26 kg)

Leo Zikovic	04	15.52		18/9	Vallen Gbg
Kevin Fankl	95	12.29		12/6	Sävedalen
Jonathan Carbe	90	11.87		7/9	Vallen Gbg
Karl Wällgren	01	11.83		13/9	Lerum
Emil Persson	95	11.56		7/9	Vallen Gbg
Erik Olsson	89	11.30		7/9	Vallen Gbg
Fredrik Sangberg	90	11.28		22/9	Vallen Gbg
Gabriel Wallmark	02	11.23		18/9	Vallen Gbg
Tobias Larsson	98	10.58		22/9	Vallen Gbg
Samuel Wiik	98	9.93		7/9	Vallen Gbg
Jonatan Hirsh	98	9.18		7/9	Vallen Gbg

M Diskus

Leo Zikovic	04	39.87		18/9	Vallen Gbg
Kevin Fankl	95	39.58		29/9	Halmstad
Jonathan Carbe	90	35.51		7/9	Vallen Gbg
Tobias Larsson	98	33.26		22/9	Vallen Gbg
Emil Persson	95	32.72		7/9	Vallen Gbg
Gabriel Wallmark	02	31.89		18/9	Vallen Gbg
Karl Wällgren	01	30.75		7/9	Vallen Gbg
Fredrik Sangberg	90	30.31		22/9	Vallen Gbg
Erik Olsson	89	29.66		7/9	Vallen Gbg
Jonatan Hirsh	98	26.65		7/9	Vallen Gbg

M Slägga

Erik Olsson	89	36.22		29/9	Halmstad
Karl Wällgren	01	34.04		13/9	Lerum
Emil Persson	95	29.17		7/9	Vallen Gbg
Jonathan Carbe	90	28.63		18/9	Vallen Gbg
Eliot Gustavsson	04	28.39		18/9	Vallen Gbg
Kevin Fankl	95	28.14		18/9	Vallen Gbg
Leo Zikovic	04	26.39		18/9	Vallen Gbg
Fredrik Sangberg	90	25.54		7/9	Vallen Gbg
Tobias Larsson	98	25.01		22/9	Vallen Gbg
Samuel Wiik	98	24.23		7/9	Vallen Gbg
Gabriel Wallmark	02	21.73		18/9	Vallen Gbg

M Spjut

Joni Kaartinen	89	69.43		29/8	SM Borås
Emil Persson	95	52.23		7/9	Vallen Gbg
Kevin Fankl	95	48.71		18/9	Vallen Gbg

Erik Olsson	89	45.75	22/9	Vallen Gbg
Leo Zikovic	04	44.75	18/9	Vallen Gbg
Jonatan Hirsh	98	44.27	7/9	Vallen Gbg
Tobias Larsson	98	43.35	18/9	Vallen Gbg
Gabriel Wallmark	02	42.01	18/9	Vallen Gbg
Ben Blomqvist	04	41.63	1/8	Houston Texas
Jonathan Carbe	90	41.24	8/8	Ljungby SM
Henrik Rosario	06	39.25	17/9	Marble Falls, Texas
Karl Wällgren	01	36.73	7/9	Vallen Gbg
Samuel Wiik	98	35.63	7/9	Vallen Gbg
Fredrik Sangberg	90	35.61	22/9	Vallen Gbg

M Tiokamp

Jonathan Carbe	90	6.549	7-8/8	Ljungby SM
----------------	----	-------	-------	------------

Castorama

Leo Zikovic	04	2.483 p	18/9	Vallen Gbg
Kevin Fankl	95	2.246 p	18/9	Vallen Gbg
Emil Persson	95	2.239 p	7/9	Vallen Gbg
Erik Olsson	89	2.148 p	7/9	Vallen Gbg
Jonathan Carbe	90	2.094 p	18/9	Vallen Gbg
Karl Wällgren	01	2.031 p	13/9	Lerum
Gabriel Wallmark	02	1.912 p	18/9	Vallen Gbg
Tobias Larsson	98	1.880 p	18/9	Vallen Gbg
Fredrik Sangberg	90	1.860 p	22/9	Vallen Gbg
Jonatan Hirsh	98	1.610 p	7/9	Vallen Gbg
Samuel Wiik	98	1.545 p	7/9	Vallen Gbg

M 4x100m

ÖIS	Seniorer	40.78	31/7	Huddinge
<small>(Jonatan Hirsh 98 – Alexander Andreasson 99 – Carl Bengtström 00 – Anders Pihlblad 00)</small>				
ÖIS	M22	42.60	1/8	Huddinge
<small>(Tobias Carlryd 00 – Alexander Andreasson 99 – Gustav Karlsson 00 – Nils Thorin 03)</small>				
ÖIS	P17	43.54	1/8	Huddinge
<small>(Axel Eenfeldt 05 – William Asker 04 – Marcus Johansson 05 – Alex Apelgrim 04)</small>				

M Stafett 1000m

ÖIS	P17	2.02.35	31/7	Huddinge
<small>(Axel Eenfeldt 05 – William Asker 04 – Albin Hagstedt 04 – Alex Apelgrim 04)</small>				

M 4x400m

ÖIS	Seniorer	3.08.86	31/7	Huddinge
<small>(Samuel Wiik 98 – Anders Pihlblad 98 – Felix Francois 90 - Carl Bengtström 00)</small>				

M22 3x400m

ÖIS	M22	2.30.28	31/7	Huddinge
<small>(Tobias Carlryd 00 – Gustav Karlsson 00 – Felix Larsen Nilsson 99)</small>				

M22 3x800m

ÖIS	M22	5.54.60	1/8	Huddinge
<small>(Mohamed Nuur 99 – Felix Larsen Nilsson 99 - Gustav Karlsson 00)</small>				

P19 Häck 110m (100cm)

Nils Thorin	03	14.47	+0.3	10/7	VU Ullevi
-------------	----	-------	------	------	-----------

P17 100m

Alex Apelgrim	04	10.56	+0.7	13/8	USM Norrköping
Ben Blomqvist	04	11.83	+1.0	30/6	Eugene
Albin Coster	04	12.25	-0.1	29/5	Vallen Gbg
David Sämfors	04	12.61	+0.8	11/7	VU Ullevi

P17 200m

Alex Apelgrim	04	21.09	+0.5	15/8	USM Norrköping
Albin Hagstedt	04	25.02	+0.3	10/7	VU Ullevi
Marcus Johansson	05	25.31	+1.5	29/5	Vallen Gbg
<u>P17 300m</u>					
Ben Blomqvist	04	37.20		7/8	Ljungby SM
<u>P17 400m</u>					
Ben Blomqvist	04	49.80		31/3	New Braunfels, Texas
Albin Hagstedt	04	53.37		14/8	USM Norrköping
<u>P17 800m</u>					
Albin Hagstedt	04	2.05.02		11/7	VU Ullevi
Philip Frick	04	2.11.53		11/7	VU Ullevi
Tim Tompsett	04	2.11.59		17/6	Vallen Gbg
<u>P17 1000m</u>					
Ben Blomqvist	04	2.52.54		8/8	Ljungby SM
<u>P17 1500m</u>					
Philip Frick	04	4.21.30		1/9	Vallen Gbg
Tim Tompsett	04	4.30.16		6/6	Vallen Gbg
Ben Blomqvist	04	4.40.67		1/7	Eugene
<u>P17 Häck 110m (91cm)</u>					
Ben Blomqvist	04	15.60	+1.7	7/8	Ljungby SM
<u>P17 Häck 110m (99cm)</u>					
Ben Blomqvist	04	16.06	+1.0	1/6	Eugene
Ben Blomqvist	04	15.84	ej mätt	25/2	Marble Falls, Texas
<u>P17 Häck 300m</u>					
Ben Blomqvist	04	40.71		5/3	Texas
Marcus Johansson	05	42.66		4/9	Lerum Stonehill
David Sämfors	04	43.40		10/7	VU Ullevi
<u>P17 Hinder 2000m</u>					
Philip Frick	04	6.36.11		15/8	USM Norrköping
<u>P17 Höjd</u>					
Albin Coster	04	1.85		29/5	Åby Friidrott
Ben Blomqvist	04	1.83		25/2	Bourne, Texas
Axel Eenfeldt	05	1.70		12/6	Vallhamra
<u>P17 Stav</u>					
William Asker	04	4.82		12/6	Åby Mölndal
Ben Blomqvist	04	3.65		1/8	Houston
<u>P17 Längd</u>					
Alex Apelgrim	04	7.01	+1.3	14/8	USM Norrköping
Marcus Johansson	05	6.42	+0.4	5/9	Lerum Stonehill
Axel Eenfeldt	05	6.41	+1.0	23/6	Stonehill Lerum
Ben Blomqvist	04	6.11	ej mätt	30/3	New Braunfels, Texas
<u>P17 Kula (5.0 kg)</u>					
Leo Zikovic	04	19.72		12/9	Sollentuna
Ben Blomqvist	04	13.39	5.44 kg	30/6	Eugene
<u>P17 Diskus (1.5 kg)</u>					
Leo Zikovic	04	53.07		14/8	USM Norrköping
Ben Blomqvist	04	38.22		7/8	Ljungby SM

P17 Slägga (5.0kg)

Elliot Gustavsson	04	41.67		10/7	VU FIH
-------------------	----	-------	--	------	--------

P17 Spjut (800)

Ben Blomqvist	04	41.63		1/8	Houston Texas
---------------	----	-------	--	-----	---------------

P17 Tiokamp

Ben Blomqvist	04	6.139		7-8/8	Ljungby SM
---------------	----	-------	--	-------	------------

P17 4x100m

ÖIS	P17	43.54		1/8	Huddinge
-----	-----	-------	--	-----	----------

(Axel Eenfeldt 05 – William Asker 04 – Marcus Johansson 05 – Alex Apelgrim 04)

P17 Stafett 1000m

ÖIS	P17	2.02.35		31/7	Huddinge
-----	-----	---------	--	------	----------

(Axel Eenfeldt 05 – William Asker 04 – Albin Hagstedt 04 – Alex Apelgrim 04)

P15 80m

Jonas Ellison	06	9.83	-1.2	11/7	VU Ullevi
William Malmström	06	11.23	-0.1	11/7	VU Ullevi
- medvind –					
Jonas Ellison	06	9.65	+5.9	15/8	Bohus

P15 100m

Jonas Ellison	06	11.94	+1.0	7/8	Åby Mölndal
Henrik Rosario	06	12.31	+0.9	31/7	Houston Texas

P15 300m

Jonas Ellison	06	42.56		21/8	USM Linköping
---------------	----	-------	--	------	---------------

P15 400m

Henrik Rosario	06	53.12		16/9	Marble Falls, Texas
----------------	----	-------	--	------	---------------------

P15 800m

Enzo Pettersson	06	2.26.58		26/9	UDM Vallen
William Malmström	06	2.49.45		5/9	Täby
Jonas Ellison	06	2.50.12		20/6	Vallen Gbg

P15 1500m

Henrik Rosario	06	4.46.25		1/8	Houston Texas
----------------	----	---------	--	-----	---------------

P15 Häck 80m

Jonas Ellison	06	13.14	+1.8	4/9	Täby
William Malmström	06	13.47	+1.7	4/9	Täby

P15 Höjd

Henrik Rosario	06	1.62		23/6	Texas
Jonas Ellison	06	1.58		20/6	Vallen Gbg
William Malmström	06	1.39		5/9	Täby

P15 Stav

Henrik Rosario	06	3.15		24/6	Texas
----------------	----	------	--	------	-------

P15 Längd

Henrik Rosario	06	5.90	+0.0	23/6	Texas
Jonas Ellison	06	5.10	+0.0	4/9	Täby
William Malmström	06	4.96	+0.9	26/9	UDM Vallen
Oscar Carlsson	06	4.57	+0.0	26/9	UDM Vallen
Milton Brandberg	06	4.55	+1,7	10/9	Vallen Gbg
Enzo Pettersson	06	4.10	+0.0	26/9	UDM Vallen

P15 Kula (4 kg)

Henrik Rosario	06	13.35		23/10	Marbe Falls, Texas
William Malmström	06	8.90		20/6	Vallen Gbg
Jonas Ellison	06	8.47		5/9	Täby
Oscar Carlsson	06	5.60		20/6	Vallen Gbg

P15 Diskus (1.0 kg)

Henrik Rosario	06	41.63		23/10	Marble Falls, Texas
----------------	----	-------	--	-------	---------------------

P15 Diskus (1.61 kg)

Henrik Rosario	06	34.60		24/6	Texas
----------------	----	-------	--	------	-------

P15 Spjut (600)

Henrik Rosario	06	42.27		23/10	Marble Falls, Texas
William Malmström	06	29.24		4/9	Täby
Jonas Ellison	06	24.39		4/9	Täby
Oscar Carlsson	06	21.50		20/6	Vallen Gbg

P15 Tiokamp

Henrik Rosario	06	5.159		16-17/9	Marble Falls Texas
----------------	----	-------	--	---------	--------------------

P14 80m

Daniel Otterdahl	07	9.45	+1.9	15/8	Bohus
Philip Blomgren	07	10.53	+0.8	29/8	Kungsbacka
Ove Hagström	07	11.32	-0.3	29/5	Vallen Gbg

P14 100m

Daniel Otterdahl	07	11.75	+0.4	7/8	Åby Mölndal
------------------	----	-------	------	-----	-------------

P14 200m

Daniel Otterdahl	07	23.94	+0.0	1/9	Vallen Gbg
------------------	----	-------	------	-----	------------

P14 300m

Joel Aksell	07	45.51		26/9	UDM Vallen
-------------	----	-------	--	------	------------

P14 800m

Valter Jönrup	07	2.26.75		26/9	UDM Vallen
Daniel Otterdahl	07	2.28.75		20/6	Vallen Gbg
Ove Hagström	07	2.33.24		20/6	Vallen Gbg
Arvid Berntsson	07	2.33.93		26/9	UDM Vallen
Alfred Ostwald	07	2.44.23		5/9	Täby
Philip Blomgren	07	2.46.26		5/9	Täby
Anton Hydén	07	2.56.01		26/9	UDM Vallen

P14 Häck 80m

Daniel Otterdahl	07	11.34	+0.0	10/7	VU Ullevi
Ove Hagström	07	13.43	+0.9	12/9	Varberg
Philip Blomgren	07	13.52	+1.8	4/9	Täby
Alfred Ostwald	07	15.58	-0.9	4/9	Täby
Ivan Fredberg	07	16.43	+0.7	4/9	Täby
- medvind -					
Daniel Otterdahl	07	11.12	+3.8	15/8	Bohus

P14 Höjd

Daniel Otterdahl	07	1.79		5/9	Täby
Loke Nilsson	07	1.55		5/9	Täby
Ove Hagström	07	1.51		5/9	Täby
Ivan Fredberg	07	1.42		20/6	Vallen Gbg
Alfred Ostwald	07	1.39		5/9	Täby

P14 Stav

Ove Hagström	07	3.45		11/9	Varberg
<u>P14 Längd</u>					
Daniel Otterdahl	07	6.49	+0.9	7/8	Åby Mölndal
Ove Hagström	07	4.91	-0.9	4/9	Täby
Philip Blomgren	07	4.76	+1.0	18/8	Gbg Vallen
Alfred Ostwald	07	4.69	+0.4	10/9	Vallen Gbg
Ivan Fredberg	07	4.67	-2.0	4/9	Täby
Anton Hydén	07	3.67	+0.0	26/9	UDM Vallen
- medvind -					
Ove Hagström	07	4.94	+6.3	18/8	Gbg Vallen
<u>P14 Tresteg</u>					
Ove Hagström	07	10.79	+0.4	26/7	Kristianstad
<u>P14 Kula (4 kg)</u>					
Ivan Fredberg	07	10.76		26/9	UDM Vallen
Ove Hagström	07	10.71		5/9	Täby
Daniel Otterdahl	07	10.22		20/6	Vallen Gbg
Albin Elmgren Warberg	07	9.63		5/9	Lerum Stonehill
Philip Blomgren	07	8.49		5/9	Täby
Loke Nilsson	07	7.81		5/9	Täby
Alfred Ostwald	07	7.33		20/6	Vallen Gbg
<u>P14 Diskus (1.0 kg)</u>					
Ove Hagström	07	39.57		18/9	GM Malmö
Ivan Fredberg	07	30.06		26/9	UDM Vallen
Albin Elmgren Warberg	07	29.69		5/9	Lerum Stonehill
<u>P14 Spjut (600)</u>					
Ove Hagström	07	36.47		4/9	Täby
Daniel Otterdahl	07	33.16		4/9	Täby
Ivan Fredberg	07	33.16		19/9	GM Malmö
Loke Nilsson	07	16.95		4/9	Täby
Alfred Ostwald	07	12.59		4/9	Täby
<u>P14 Åttakamp</u>					
Ove Hagström	07	3.524 p		11-12/9	Varberg
<u>P13 Kula (3 kg)</u>					
Noah Blomqvist	08	15.25		23/10	Marble Falls, Texas
<u>P13 Kula (4 kg)</u>					
Noah Blomqvist	08	12.78		4/8	Houston
<u>P13 Diskus (0.6 kg)</u>					
Noah Blomqvist	08	51.95		25/9	Lockhart Texas
<u>P13 Diskus (1.0 kg)</u>					
Noah Blomqvist	08	43.10		2/8	Houston
<u>P13 Spjut (600)</u>					
Noah Blomqvist	08	32.74		3/8	Houston
<u>P12 60m</u>					
Karl Fredberg	09	9.02	+1.1	29/8	Kungsbacka
<u>P12 Kula (3.0)</u>					
Karl Fredberg	09	8.54		28/8	Kungsbacka

P12 Spjut (400)

Karl Fredberg	09	22.65		29/8	Kungsbacka
---------------	----	-------	--	------	------------

K 100m

Denise Eriksson	98	12.05	+0.4	11/4	Malaga, Spanien
Cajsa Augustsson	02	12.09	+1.8	6/6	Skara
Fanny Runheim	99	12.20	+1.1	276	Eskilstuna
Mathilda Gustafsson	01	12.71	-0.5	20/8	JSM Linköping
Ellen Hansson	04	12.78	-1.0	11/7	VU Ullevi
Judith Wagersten	98	13.08	+0.0	6/6	Skara

K 150m

Mathilda Gustafsson	01	18.97	+0.0	5/9	Lerum Stonehill
---------------------	----	-------	------	-----	-----------------

K 200m

Denise Eriksson	98	24.31	+0.0	11/4	Malaga, Spanien
Elna Wester	05	25.55	+0.5	15/8	USM Norrköping
Cajsa Augustsson	02	25.63	+0.5	19/6	Vallen Gbg
Ellen Hansson	04	25.87	+1.9	29/5	Norrköping
Mathilda Gustafsson	01	26.44	-1.0	22/8	JSM Linköping
Moa Cornéer	05	27.88	+1.7	24/7	Tanum
Ebba Francois	04	28.95	+0.2	10/7	VU Ullevi
Ylva Magnusson Debray	08	30.25	+0.0	29/5	Vallen Gbg
Clara Weetom	04	30.48	+0.0	29/5	Vallen Gbg
- medvind -					
Denise Eriksson	98	24.10	+2.3	15/5	Granada, Spanien

K 400m

Elna Wester	05	58.88		29/5	Norrköping
Ebba Francois	04	65.32		11/7	VU Ullevi
Alicia Jisbrant	04	69.28		29/6	Halmstad

K 800m

Johanna Widarsson Norbeck	89	2.17.63		29/5	Norrköping
---------------------------	----	---------	--	------	------------

K 1500m

Johanna Larsson	93	4.49.62		29/5	Norrköping
Johanna Widarsson Norbeck	89	4.52.59		29/6	Halmstad

K 3000m

Emma Dahl	91	9.50.17		24/8	Sthlms Stadion
-----------	----	---------	--	------	----------------

K 5000m

Emma Dahl	91	16.28.40		24/8	Sthlms Stadion
Johanna Widarsson Norbeck	89	16.45.16		29/8	SM Borås
Johanna Larsson	93	16.46.54		29/8	SM Borås
Evelina Hultegård	90	17.34.75		23/6	Stonehill Lerum
Hanna Kumlin	92	17.59.22		29/5	Norrköping

K 10000m

Johanna Larsson	93	35.16.87		27/8	SM Borås
Johanna Widarsson Norbeck	89	36.00.19		1/5	S-Vallen Gbg

K 10 km landsväg

Johanna Larsson	93	35.22		13/7	Anderstorp SM
Johanna Widarsson Norbeck	89	35.50		12/6	Varberg
Evelina Hultegård	90	36.51		12/6	Varberg
Hanna Kumlin	92	37.21		9/5	Jordbro

K halvmaraton

Hanna Kumlin	92	1.19.07		9/5	Jordbro
Johanna Larsson	93	1.19.07		11/9	SM Göteborg

K maraton**K Häck 100m (84cm)**

Fanny Runheim	99	14.01	+1.3	29/5	Norrköping
Jenny Lestander	98	16.16	+0.4	29/5	Halmstad

K Häck 400m (76cm)

Judith Wagersten	98	68.84		29/6	Halmstad
------------------	----	-------	--	------	----------

K Hinder 3000m

Emma Dahl	91	10.20.05		28/8	SM Borås
Johanna Larsson	93	11.24.90		29/5	Norrköping

K Höjd

Maja Nilsson	99	1.96		29/6	Halmstad
Vendela Corswant	93	1.77		27/6	Kungälv
Engla Nilsson	05	1.64		13/6	Vallhamra
Moa Cornéer	05	1.58		7/8	Åby Mölndal
Emma Wendel	06	1.50		20/6	Vallen Gbg
Ylva Magnusson Debray	08	1.48		28/8	Kungsbacka

K Stav

Michaela Meijer	93	4.60		19/6	Zweibrücken GER
Malin Dahlström	89	3.92		12/6	Mölndal

K Längd

Jenny Lestander	98	5.94	+0.4	7/8	Åby Mölndal
Cajsa Augustsson	02	5.85	+0.9	10/7	VU Ullevi
Judith Wagersten	98	5.73	+1.0	18/8	Gbg Vallen
Ellen Hansson	04	5.67	-0.6	10/7	VU Ullevi
Olivia Bojang	00	5.02	+0.0	25/5	Åby Mölndal
Moa Cornéer	05	4.70	+1.3	5/9	Lerum Stonehill
Clara Weetom	04	4.60	-0.9	29/5	Vallen Gbg
Ylva Magnusson Debray	08	4.58	+1.6	20/6	Vallen Gbg
- medvind -					
Cajsa Augustsson	02	5.91	+5.3	12/6	Åby Mölndal
Judith Wagersten	98	5.66	+2.7	24/7	Tanum

K Tresteg

Rebecka Abrahamsson	94	13.64	+1.1	5/9	Finnkampen Sthlm
Vendela Corswant	93	11.79	+0.5	4/9	Lerum Stonehill
Judith Wagersten	98	11.45	+1.0	11/7	VU Ullevi
- medvind -					
Judith Wagersten	98	11.47	+6.8	12/6	Åby Mölndal

K Kula (4 kg)

Amanda Nilsson	99	12.25		29/5	Norrköping
Cajsa Augustsson	02	10.45		7/9	Vallen Gbg
Jenny Lestander	98	9.38		7/9	Vallen Gbg
Nadja Lennartsson	01	8.44		18/9	Vallen Gbg
Judith Wagersten	98	7.71		7/9	Vallen Gbg
Hilma Hofström	00	7.12		7/9	Vallen Gbg

K Diskus (1.0 kg)

Karolina Pedersen	87	34.05		29/6	Halmstad
Nadja Lennartsson	01	30.47		4/8	Växjö

Cajsa Augustsson	02	28.72	7/9	Vallen Gbg
Amanda Nilsson	99	26.58	18/9	Vallen Gbg
Jenny Lestander	98	21.09	7/9	Vallen Gbg
Mathilda Bloom	05	20.76	7/9	Vallen Gbg

K Slägga (4 kg)

Karolina Pedersen	87	53.60	29/6	Halmstad
Cajsa Augustsson	02	37.35	7/9	Vallen Gbg
Nadja Lennartsson	01	32.36	4/8	Växjö
Jenny Lestander	98	24.91	7/9	Vallen Gbg
Amanda Nilsson	99	22.36	18/9	Vallen Gbg

K Spjut

Stina Jacobsson	00	46.86	6/6	Södertälje
Amanda Nilsson	99	43.94	20/8	JSM Linköping
Nadja Lennartsson	01	35.40	24/7	Skruv
Cajsa Augustsson	02	30.50	7/9	Vallen Gbg
Jenny Lestander	98	23.15	7/9	Vallen Gbg

K Castorama

Cajsa Augustsson	02	2.470 p	7/9	Vallen Gbg
Amanda Nilsson	99	2.344 p	18/9	Vallen Gbg
Amanda Lennartsson	01	2.316 p	18/9	Vallen Gbg
Jenny Lestander	98	1.860 p	7/9	Vallen Gbg
Judith Wagersten	98	1.271 p	7/9	Vallen Gbg
Hilma Hofström	00	1.235 p	7/9	Vallen Gbg
Mathilda Bloom	05	1.220 p	7/9	Vallen Gbg
Clara Weetom	04	1.145 p	7/9	Vallen Gbg
Engla Nilsson	05	980 p	20/9	Vallen Gbg
Moa Cornéer	05	895 p	20/9	Vallen Gbg

K 4x100m

Örgryte IS	Seniorer	48.81	29/6	Halmstad
Judith Wagersten 98 - Cajsa Augustsson 02 – Rebecka Abrahamsson 94 – Ellen Hansson 04				
Örgryte IS	F17	51.64	1/8	Huddinge
Alicia Jisbrant 04 – Ellen Hansson 04 – Elna Wester 05 – Moa Cornéer 05				

K Stafett 1000m

Örgryte IS	F17	2.22.40	31/7	Huddinge
Alicia Jisbrant 04 – Ellen Hansson 04 – Moa Cornéer 05 - Elna Wester 05				

K 4x800m

Örgryte IS	Seniorer	9.31.40	31/7	Huddinge
Judith Wagersten 98 – Emma Dahl 91 – Johanna Larsson 93 – Johanna Widarsson Norbeck 89				

K 3x1500m

Örgryte IS	Seniorer	13.53.95	1/8	Huddinge
Johanna Larsson 93 – Emma Dahl 91 – Johanna Widarsson Norbeck 89				

F17 100m

Ellen Hansson	04	12.78	-1.0	11/7	VU Ullevi
---------------	----	-------	------	------	-----------

F17 200m

Elna Wester	05	25.55	+0.5	15/8	USM Norrköping
Ellen Hansson	04	25.87	+1.9	29/5	Norrköping
Moa Cornéer	05	27.88	+1.7	24/7	Tanum
Ebba Francois	04	28.95	+0.2	10/7	VU Ullevi
Clara Weetom	04	30.48	+0.0	29/5	Vallen Gbg

F17 400m

Elna Wester	05	58.88	29/5	Norrköping
Ebba Francois	04	65.32	11/7	VU Ullevi

F17 Häck 300m

Clara Weetom	04	54.14		10/7	VU Ullevi
--------------	----	-------	--	------	-----------

F17 Höjd

Engla Nilsson	05	1.64		13/6	Vallhamra
Moa Cornéer	05	1.58		7/8	Åby Mölndal

F17 Längd

Ellen Hansson	04	5.67	-0.6	10/7	VU Ullevi
Moa Cornéer	05	4.70	+1.3	5/9	Lerum Stonehill
Clara Weetom	04	4.60	-0.9	29/5	Vallen Gbg
Engla Nilsson	05	4.25	+1.5	5/9	Lerum Stonehill

F17 Tresteg

Clara Weetom	04	9.79	+2.0	15/8	USM Norrköping
--------------	----	------	------	------	----------------

F17 Kula (3.0 kg)

Ebba Halling	05	9.85		11/7	VU Ullevi
--------------	----	------	--	------	-----------

F17 Spjut (600)

Ebba Halling	05	23.03		10/7	VU Ullevi
--------------	----	-------	--	------	-----------

F17 4x100m

Örgryte IS	F17	51.64		1/8	Huddinge
------------	-----	-------	--	-----	----------

Alicia Jisbrant 04 – Ellen Hansson 04 – Elna Wester 05 – Moa Cornéer 05

F17 Stafett 1000m

Örgryte IS	F17	2.22.40		31/7	Huddinge
------------	-----	---------	--	------	----------

Alicia Jisbrant 04 – Ellen Hansson 04 – Moa Cornéer 05 – Elna Wester 05

F15 800m

Emma Wendel	06	2.56.82		20/6	Vallen Gbg
-------------	----	---------	--	------	------------

F15 Häck 80m

Emma Wendel	06	16.60	+0.5	20/6	Vallen Gbg
-------------	----	-------	------	------	------------

F15 Höjd

Emma Wendel	06	1.50		20/6	Vallen Gbg
-------------	----	------	--	------	------------

F15 Längd

Emma Wendel	06	4.35	+1.3	20/6	Vallen Gbg
-------------	----	------	------	------	------------

F15 Kula (3.0 kg)

Emma Wendel	06	7.86		20/6	Vallen Gbg
-------------	----	------	--	------	------------

F15 Diskus (0.75)**F15 Spjut (500)**

Emma Wendel	06	24.24		20/6	Vallen Gbg
-------------	----	-------	--	------	------------

F14 80m

Emilia Schadewitz	07	11.21	+1.4	29/5	Vallen Gbg
Nadja Ahnoff	07	11.70	+1.4	29/5	Vallen Gbg

F14 80m

Emilia Schadewitz	07	46.33		26/9	UDM Vallen
-------------------	----	-------	--	------	------------

F14 800m

Nadja Ahnoff	07	2.55.79		20/6	Vallen Gbg
Veronica Lopez	07	3.09.25		20/6	Vallen Gbg

F14 Häck 80m (76cm)

Nadja Ahnoff	07	14.30	+0.5	20/6	Vallen Gbg
Lovisa Nisslert	07	18.04	+0.5	20/6	Vallen Gbg
<u>F14 Häck 300m (76cm)</u>					
Nadja Ahnoff	07	52.53		15/8	Bohus
<u>F14 Höjd</u>					
Nadja Ahnoff	07	1.30		20/6	Vallen Gbg
<u>F14 Längd</u>					
Nadja Ahnoff	07	4.28	+1.5	29/5	Vallen Gbg
Veronica Lopez	07	4.04	+0.9	26/9	UDM Vallen
Lovisa Nisslert	07	3.98	+0.8	20/6	Vallen Gbg
<u>F14 Kula (3.0)</u>					
Lovisa Nisslert	07	7.72		16/9	Vallen Gbg
Fea Bolt Hansen	07	5.68		20/6	Vallen Gbg
Nadja Ahnoff	07	5.56		20/6	Vallen Gbg
Julia Hovtun	07	5.29		20/6	Vallen Gbg
<u>F14 Slägga (3.0)</u>					
Lovisa Nisslert	07	13.58		29/5	Kungälv
<u>F14 Spjut (500)</u>					
Julia Hovtun	07	14.03		20/6	Vallen Gbg
Nadja Ahnoff	07	13.08		20/6	Vallen Gbg
Fea Bolt Hansen	07	11.53		20/6	Vallen Gbg
<u>F13 60m</u>					
Ylva Magnusson Debray	08	8.73	+1.2	29/5	Vallen Gbg
Linn Coster	08	9.27	+0.1	11/7	VU Ullevi
Alva Andblad	08	9.55	-0.3	11/7	VU Ullevi
<u>F13 200m</u>					
Ylva Magnusson Debray	08	29.68	+1.9	28/8	Kungsbacka
Alva Andblad	08	31.65	+0.6	10/7	VU Ullevi
<u>F13 600m</u>					
Linn Coster	08	1.55.84		11/7	VU Ullevi
<u>F13 800m</u>					
Ylva Magnusson Debray	08	3.03.94		20/6	Vallen Gbg
<u>F13 Häck 80m (76 cm)</u>					
Ylva Magnusson Debray	08	15.61	+0.5	20/6	Vallen Gbg
<u>F13 Höjd</u>					
Ylva Magnusson Debray	08	1.48		28/8	Kungsbacka
Linn Coster	08	1.28		11/7	VU Ullevi
<u>F13 längd zon</u>					
Ylva Magnusson Debray	08	4.66	+0.7	10/7	VU Ullevi
Alva Andblad	08	3.85	+0.0	10/7	VU Ullevi
<u>F13 Längd planka</u>					
Ylva Magnusson Debray	08	4.58	+1.6	20/6	Vallen Gbg
<u>F13 Kula (3.0 kg)</u>					
Ylva Magnusson Debray	08	6.04		20/6	Vallen Gbg

Stafett 6x200m P/F 06-06

