

# Resultatutveckling

## Julia Nielsen - 010602

	200m	300m	400m	600m	800m	1500m	H 300m
2011						5.37.02	
2012						5.10.92	
2013						5.04.37	
2014					2.24.02i	4.55.44	
2015		44.09		1.42.58	2.23.75		
2016		<b>42.76</b>	61.58		2.26.94	5.13.13	51.78
2017	<b>27.25</b>	43.22	59.63		2.23.44	5.22.10i	<b>49.47</b>
2018			61.22				50.33
2019			59.70	<b>1.36.75</b>	2.14.50	4.46.64	
2020					2.10.38	4.27.58	
2021			<b>58.17</b>		2.06.17	<b>4.23.72</b>	
2022					<b>2.05.58</b>		

### Övriga personrekord

1 mile	4.48.15	2020
2000m	7.03.46	2014
3000m	10.48.48	2019
Hinder 1500m	5.33.06	2015
Hinder 2000m	7.24.54	2020

## Wilma Nielsen - 010602

	200m	300m	400m	600m	800m	1500m	H 300m
2011						5.38.64	
2012							
2013						5.14.27	
2014					2.28.09i	4.56.25	
2015		43.53	62.57	1.41.62	2.18.49	5.03.68	
2016		<b>43.20</b>	61.00i		2.19.41i		49.89
2017	<b>26.99</b>	43.59	60.94		2.24.98	5.35.33	47.42
2018	27.25		59.37		2.15.10	4.46.32	<b>46.69</b>
2019			59.33	<b>1.34.64</b>	2.11.05	4.32.93	
2020			58.19		2.10.01	4.30.45	
2021			<b>57.50</b>		<b>2.02.29</b>	<b>4.22.56</b>	
2022					2.06.26		

### Övriga personrekord

1000m	3.04.15i	2016
1 mile	4.47.41i	2021
2000m	6.57.52	2015
3000m	10.37.89	2019
Hinder 1500m	5.13.01	2018
Hinder 2000m	7.22.66	2020